



### Trip Highlights

- The legendary backwaters of Kerala.
- Stay with local families.
- Toddy tappers at work.



### At a Glance

The palm-fringed, tranquil backwaters have dictated Kerala's history, shaped her present and promised a future by virtue of offering incomparable beauty and unique experiences. Kayaking along these beautiful waterways is an unforgettable experience.

# The Backwater Expedition

A brief about the itinerary

Activity Name: Kayaking

## Detailed Itinerary

### Day 1:

Today we will meet up with our Kayaking guide at Alleppey. After a safety briefing and getting to know our kayaks, we will commence paddling through the palm fringed water ways and countryside into the interiors. With the quiet villages on either side, our only company are the peaceful village folks and the smiling children.

We will cross a few small wooden canoes on the way, laden with home appliances, vegetables, fish or even livestock being transported from one place to the other. After a picnic lunch en-route at a beautiful location, we will paddle on to a small family owned resort.

Meals: All meals



### Day 2:

We leave the resort after breakfast and kayak through the narrow canals of Pulinkunnu to the island of Kavalam – an erstwhile headquarters of affluent agrarian families - the majestic homes standing testimony to grandeur past. An excellent opportunity to see village life at close quarters - local people engaged in fishing, duck rearing, and shell and mud collection for the farms. We may also see the traditional toddy tappers at their work on coconut palms.

Toddy 'shops' (bars), traditional meeting places for men after a grueling day at work dot the landscape. We will stop for lunch at a beautiful coconut grove on a 'bund' on the lakeshore and continue our kayaking till we cruise into the beautiful heritage home to enjoy a delicious Kuttanadan dinner and a well-deserved rest. In the evening we will take a walk to the nearby market and enjoy the serenity of the village life.

Meals: All meals



### Day 3:

Depart after breakfast and continue paddling. Morning is an opportunity to see the village life go by – stop over at the local tea shop or the spice garden bordering the backwaters. We will have a picnic lunch on the banks of the Vattakayal Lake. After lunch break, kayak through a small canals back to the backwater heritage villa.

Meals: All meals

### Day 4:

Today we set course after breakfast to a small but beautiful "Tharavadu" (Ancestral home) again on the backwaters. Paddling along these waters, you'll realize why it has become world famous and endeared itself to millions of tourists visiting this area. We will have picnic lunch along the way. Relax and enjoy the serenity of this stately Tharavadu.

Meals : All meals

### Day 5:

Depart after breakfast.

Meals: Breakfast Only

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## General Info

### Visas

Visitors to India must obtain a Visa before departure. For details and an application form please contact the local Indian Embassy or High Commission.

### Safety

You would be accompanied by a guide throughout the trip. These guides are experienced, trained in First Aid and fully qualified for the purpose of the tour. They would handle all concerns with regards to your safety and well being.

### Airport taxes

There are no airport taxes if you depart from Kochi International Airport.

### Currency Exchange

Currency exchange is possible at the Airport, Hotels and many outlets along the way. We could help you with the exchange where the authorized agent comes to your hotel and do the necessary transactions at a much better rate than otherwise available. Kindly let us know if you'd like to make use of this facility.

### Telephone and Internet Access

You would have access to telephone and internet at most of the hotels. In case there are no internet access at the hotel, you would be able access it in the nearest town.

### Insurance

We recommended that you take your insurance that covers illnesses and accidents abroad.



## Trip Notes

### Inclusions

- Accommodation
- Meals as mentioned in the itinerary
- Prijon Capri Kayaks
- Accompanying Guide
- Accompanying support boat
- Refreshments & mineral water while kayaking

### Exclusions

- Insurance –please take your own insurance
- Tips
- Beverages
- Laundry
- Telephone bills
- Expenses of a personal nature

## What to Bring

### Clothing:

- Kayaking kit consisting of shorts, T shirt and kayaking footwear
- Sunscreen lotion (SPF minimum 35)
- Cap
- Camera (optional)
- Rain jacket (during Monsoons)

### Others:

- Binoculars & Camera (optional)
- Torch
- Insect repellent
- Sunglasses cap
- Canteen Day pack

